

## Sabeetha Sarmin

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### RESEARCH AREA

Nutrition and Food Analysis / Human GI, Proximate and Dietary Fiber

### EDUCATION

MSc in Nutrition Science, 2015 – UNIVERSITI PUTRA MALAYSIA, Malaysia

BSc in Nutrition Science (Hon.), 2005 – UNIVERSITI KEBANGSAAN MALAYSIA, Malaysia

### EXPERIENCE

Handling nutrient analysis (proximate and dietary fiber), supervisory practical student, advisory of nutrition team with government agency, conducting research with ministry of agriculture according to Malaysian cuisine.

### CONTRIBUTION

**2019:** 38 menu Malaysia telah dipilih dan digunakan oleh pihak Kementerian Pertanian dan Industri Asas Tani dalam mempromosikan makanan Malaysia di acara agro kuliner yang dijalankan di Bangkok, Hatyai dan Kuala Lumpur

**2017:** Data bagi kandungan nutrisi dan Nilai indeks glisemik dalam buah tembikai diperolehi dan digunakan dalam penyelidikan dan nasihat pemakanan.

**2012:** Makanan pelengkap bayi daripada sumber tempatan iaitu ubi keledek VitAto berjaya dihasilkan

**2008:** Makanan angkasawan iaitu tempeh goreng telah berjaya dibawa ke ISS

### PUBLICATIONS

1. **Sabeetha, S.** (2019). Nilai Indeks Glisemik bagi buah Tembikai di Malaysia. Buletin Teknologi MARDI (15): 81-88
2. **Sabeetha, S.,** Barakatun Nisak, M. Y. & Amin, I. (2018) Glycemic Index of selected watermelon(Citrullus lanatus). International Food Research Journal 25(6): 2549-2554

3. **Sabeetha, S.**, Barakatun Nisak, M. J. & Amin, I. (2018). Spotlight on watermelon as low glycemic index food. Poster presented at MARDI Science and Technology Exhibition, 8-10 Oktober 2018, Melaka, Malaysia
4. **Sabeetha S.**, Mohamed Nazim A., (2017) Physico-chemical characteristics of VitAto flour from different drying processes. *Journal Tropical Agriculture and Food Science*. 45(2):199-207
5. **Sabeetha S.** and Amin I.(2017) Physico-chemical characteristics of watermelon in Malaysia. *Journal Tropical Agriculture and Food Science*, 45 (2)(2017): 209-223
6. **Sabeetha S.**, and Mohamed Nazim A. (2016) Makanan pelengkap bayi daripada ubi keledek tempatan (VitAto)Buletin Teknologi MARDI,Bil. 9: 73-78
7. **Sabeetha S.** (2016). Nutritional, Pysico-chemical and Health Promoting Properties of selected watermelon (*Citrullus lanatus*). Tesis Sarjana Sains Pemakanan, Universiti Putra Malaysia, Penerbitan UPM. pp 73.